

Brighter smiles. Brighter you.

treatmentinformation



Removing a fixed brace.

When its time to have your fixed brace removed you will come in for a 'de-bond' appointment. This basically means we are going to take your braces off your teeth, polish your teeth up so that they look lovely and shiny.



Step 1: Removing the brace

We start by gently clicking each bracket so that it just breaks away from the teeth and the brackets and wire will come out together in one piece. This procedure only takes a minute or two at the most.



Step 2: Removing the glue

Once we have taken the braces off, we need to take the glue off the teeth. This is done with a small electric brush with an abrasive attachment. This is quite painless.



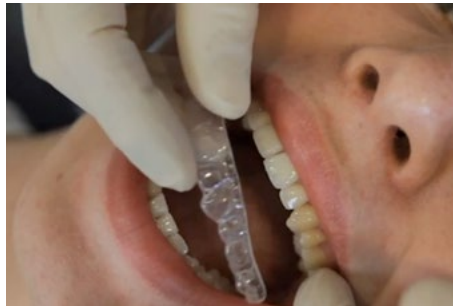
Step 3: Rinsing your mouth

Once the glue has been removed you can give your teeth a quick rinse.



Step 4: Making the retainer

We then take a mould of your teeth, which our lab technician uses to make a transparent plastic retainer, which will be fitted at a second appointment later on the same day. So it is important to allow enough time for 2 appointment visits on the day the brace is being removed.



Step 5: Retainer fitting

At your second appointment your retainers will be fitted, they may feel a bit tight at first but it is important to wear them every night to prevent your teeth from moving again.



Step 6: Smile

You are now brace free and ready to show the world your new confident smile.

For more information and videos on this procedure and other orthodontic treatments please visit our website:

<http://confi-dent.co.uk/patients/educationalvideos.php>